英語 特殊

Questionnaire for Health Checkup

2024 年 4 月からの問診票

Name:

Use a pencil or mechanical pencil to fill in. Draw a diagonal line in ☐ of the applicable column and write a number in the column ☐.

1. Smoking (Please indicate if [1] and/or [2] below apply.)

[1] Have been smoking for the past month
[2] Have smoked ≥ 6 months or ≥ 100 cigarettes in lifetime

☐ Neither applies
☐ Only [2] applies
☐ Both [1] and [2] apply ⇒ ☐☐ cigarettes a day ☐☐ years

2. Alcohol

Yes ⇒ ☐☐ days a week
No
Quit drinking (≥ 1 year ago)
1-3 days a month
< 1 day a month
☐ *go*/day

< Rough indication of 1 *go* of
15% sake (180 mL) >
5% beer (about 500 mL)
25% shochu (110 mL)
14% wine (180 mL)
43% whiskey (60 mL)
7% canned chuhai (350 mL)

3. About recent subjective symptoms (Please choose symptoms that particularly concern you up to 5 items.)

☐ Headache/feeling heavy in the head	☐ Malaise/feelings of weakness	☐ Mucosal inflammation/abnormality	☐ Abnormal reflex of patellar tendon/Achilles tendon	☐ Cyanosis
☐ Pale	☐ Reduced/impaired visual acuity	☐ Skin inflammation/abnormality	☐ Parkinsonian symptoms	☐ Abnormal urination
☐ Dizziness/Vertigo	☐ Conjunctival/corneal abnormality	☐ Skin/eye irritation	☐ Pain in the distal part of the limbs	☐ Defecation abnormality
☐ Nausea/vomiting	☐ Pain in the eye(s)/blurred vision	☐ Respiratory/upper respiratory tract irritation	☐ Numbness/paralysis of the limbs	☐ Abnormal sweating
☐ Anorexia	☐ Photophobia (dazzling)	☐ Pharyngeal pain/discomfort	☐ Movement disorder such as finger tremor	☐ Jaundice
☐ Abnormal taste	☐ Lacrimation	☐ Scratchy throat	☐ Abnormal sensation	☐ Bleeding tendency
☐ Weight loss	☐ Nosebleed/pain in the nose	☐ Chest pain/tightness	☐ Convulsion	☐ Nothing in particular
☐ Anxiety/restlessness	☐ Abnormality in the nasal cavity	☐ Palpitation	☐ Joint pain/ muscle pain	[Only for persons who undergo blood sampling]
☐ Decreased concentration	☐ Abnormal respiratory symptoms/asthma	☐ Abdominal pain/sense of abnormality	☐ Decreased grip strength	☐ Have felt sick by blood sampling
☐ Sleep disorder	☐ Abnormal breath sounds	☐ Change in teeth or discoloration	☐ Gait disturbance	☐ Have had rash due to alcohol disinfection
☐ Excitability	☐ Frequent coughing	☐ Gingivitis/stomatitis	☐ Ataxia	☐ Have had numbness in hands after blood sampling
☐ Fatigue/fatigability	☐ Frequent sputum	☐ Enlargement of lymph nodes of neck, etc.	☐ Poor writing	

[Only for women]
☐ Pregnant or possibly pregnant
☐ During menstruation

4. Past/present medical history * Enter medical history in the table on the right.

Simple survey on working conditions

(1) Exposure to the relevant substances in the event of accident or repair ☐ Yes ☐ No ☐ Don't know

(2) Use of local exhaust ventilation ☐ Always ☐ Sometimes ☐ Not installed

(3) Use of protective equipment ☐ Always ☐ Sometimes ☐ Not use

☐ Glasses ☐ Gloves ☐ Protective clothing ☐ Mask ☐ Other

Medical history

Please place a checkmark in each right box below the name of a disease that you have had or for which you are undergoing treatment. In addition, please fill your age when you were affected by the disease.

If you have no medical history, please place a checkmark in the right blank box. ☐ No past history/present illness

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	Past	Under treatment	Outpatient / No medicine	code
≪Gastric/duodenal disease≫				
Chronic gastritis				53
Gastric ulcer				55
Duodenal ulcer				56
Gastric polyps				54
Gastric submucosal tumor				163
Gastric diverticulum				151
Helicobacter pylori positive				164
Gastric cancer				6
Other diseases				121
≪Esophageal disease≫				
Reflux esophagitis				178
Esophageal hiatal hernia				147
Esophageal varices				160
Esophageal carcinoma				162
Other diseases				120
≪Colonic disease≫				
Colonic polyp				57
Irritable bowel syndrome				155
Ulcerative colitis				117
Crohn's disease				153
Colon diverticulum				152
Intestinal obstruction (ileus)				116
Colon/rectal cancer				7
Other diseases				122
≪Gallbladder/hepatic/pancreatic disease≫				
Gall bladder polyp				58
Gallstone				59
Cholecystitis				60
Hepatitis				82
Hepatitis B				3
Hepatitis C				4
Fatty liver				61
Liver cirrhosis				62
Pancreatitis				63
Bile duct cancer				179
Hepatic cancer				138
Pancreatic carcinoma				180
Other diseases				64
≪Eye disease≫				
Cataracta				27
Glaucoma				28
Retinal detachment				181
Age-related macular degeneration				182
Retinopathy				98
Allergic conjunctivitis				183
Other diseases				29
≪Bronchial/pulmonary disease≫				
Bronchial asthma				46
Bronchiectasis				48
Pneumonia				43
Pleuritis				49
Pneumothorax				109
Pulmonary cystic disease				108
Emphysema				47
Interstitial pneumonia				145
Pulmonary tuberculosis				1
Pneumoconiosis / Asbestosis				146
Lung cancer				8
Sarcoidosis				221
Mediastinal tumor				166
Other diseases				50
≪Cardiovascular disease≫				
Hypertension				36
Angina pectoris				102
Myocardial infarction				103
Arrhythmia				38
Cardiac valvular disease				104
Cardiomyopathy				39
Congenital heart disease				105
Arteriosclerosis obliterans				184
Venous aneurysm				237
Aortic aneurysm				185
Kawasaki's disease				220
Other diseases				42

	Past	Under treatment	Outpatient / No medicine	code
≪Kidney/urinary tract disease≫				
Nephritis				70
IgA nephropathy				238
Nephrosis				71
Pyelonephritis				186
Hemodialysis				72
Nephrolithiasis/urolithiasis				73
Prostatitis				187
Prostatic hyperplasia				74
Cystitis				128
Renal cancer				188
Prostate cancer				189
Bladder cancer				190
Other diseases				131
≪Skin disease≫				
Atopic dermatitis				100
Urticaria				191
Chronic eczema				192
Benign skin tumor				193
Burn				80
Herpes zoster				194
Skin cancer				195
Other diseases				99
≪Cerebrovascular/cranial nerve disease≫				
Cerebral infarction				41
Cerebral hemorrhage				40
Hydrocephalus				196
Parkinson's disease				197
Epilepsy				24
Facial palsy				198
Brain tumor				199
Meningitis				244
Other diseases				97
≪Blood disease≫				
Anemia				14
Purpura				233
Aplastic anemia				200
Leukemia				11
Multiple myeloma				223
Other diseases				15
≪Endocrine disease ≫				
Hyperthyroidism				201
Hypothyroidism				202
Goiter				203
Thyroid cancer				245
Diabetes mellitus				17
Gout/hyperuricemia				18
Dyslipidemia				19
Other diseases				20
≪Neuropsychiatric disease≫				
Autonomic nervous system disorder				25
Depression				21
Neurosis				22
Panic disorder				234
Adjustment disorder				235
Schizophrenia				236
Other diseases				23
≪Otic/nasal/pharyngeal/laryngeal disease≫				
Otitis media				32
Sudden hearing loss				33
Congenital deafness				204
Meniere's disease				34
Allergic rhinitis				112
Sinusitis				45
Tonsillar hypertrophy				205
Vocal cord polyp				206
Laryngeal cancer				207
Sleep apnea syndrome				208
Other diseases				101

	Past	Under treatment	Outpatient / No medicine	code
≪Bone/muscle/peripheral nerve disease≫				
Fracture				79
Lumbago				66
Disk herniation				68
Spinal column stenosis				209
Gonarthrosis				210
Coxarthrosis				211
Shoulder periarthritis (frozen shoulder)				212
Osteoporosis				67
Neuralgia				137
Cervical spondylosis				213
Scoliosis				148
Rheumatism				65
Other diseases				69
≪Autoimmune disease≫				
Systemic lupus erythematosus				214
Scleroderma				215
Dermatomyositis				216
Multiple sclerosis				217
Myasthenia gravis				218
Sjogren's syndrome				219
Other diseases				52
≪Mammary gland disease≫				
Mastitis				159
Mastopathy				75
Galactocele				158
Fibroadenoma				157
Benign mammary neoplasm				92
Breast cancer (right)				171
Breast cancer (left)				172
Other diseases				239
≪Uterine, ovarian and tubal diseases≫				
Uterine myoma				76
Endometriosis				129
Adenomyosis uteri				176
Cervical duct polyp				130
Ovarian cystoma				167
Ovarian cyst				156
Benign ovarian tumor				226
Menopausal symptom				77
Uterine cervical cancer				174
Uterine body cancer				175
Ovarian cancer				177
Other diseases				133
≪Traumatic injury≫				
Cervical sprain				227
Meniscus injury				228
Ligament injury				229
Internal injury				230
Spinal cord injury				231
Limb amputation				232
Other traumatic injury disorders				81
≪Others≫				
Other cancers				13
Malignant lymphoma				222
Behcet's disease				170
Progressive muscular dystrophy				241
Post organ transplantation				242
Anal prolapse				243
Temporomandibular joint disease				224
Hyperventilation syndrome				225
Other diseases				136

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