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## Questionnaire for Health Checkup 2024年4月からの問診票

history

pregnancies

Name:
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Use a pencil or mechanical pencil to fill in. Draw a diagonal line inof the applicable co	olumn and write <u>a number</u> in the column .
Smoking (Please indicate if [1] and/or [2] below apply.)     2. Alcohol	
[1] Have been smoking for the past month [2] Have smoked ≥ 6 months or ≥ 100 cigarettes in lifetime  Yes	days a week Rough indication of 1 go of 15% sake (180 mL) >
Neither applies Both [1] and [2] apply No	1-3 days a month go/day 5% beer (about 500 mL) 25% shochu (110 mL) 14% wine (180 mL)
Only [2] applies cigarettes a day years Quit drinking (≥ 1 year ago)	43% whiskey (60 mL) 7% canned chuhai (350 mL)
3. About recent subjective symptoms (Please choose symptoms that particularly concern y	ou up to 5 items.)
Eye fatigue  Loss of appetite  Shoulder (neck) stiffness/shoulder (neck) pain	Sudden weight loss
Tinnitus Frequent stomachache Low back pain	Have allergy
Dizziness/Vertigo Frequent nausea and vomiting Joint pain	Nothing in particular
Frequent coughing Frequent heartburn and Headache/heaviness	
burping of the head  Frequent sputum Prone to diarrhea Swelling in hands/feet	[Only for persons who undergo blood sampling] [Only for women]
Palnitations /heart nounding) Tendency to be constinated Unable to sleep/difficul	Have felt sick by Prognant or
Waking up early in the	Have had rash due to During
Frequent urination (> 10 times Frequent dryness in the	Have had numbness
a day) — mouth and throat	in hands after blood Breastfeeding sampling
chest pain  Feeling of residual urine  Often irritated or restle	ss
<ul><li>4. Recent living conditions</li><li>(1) Chewing condition when eating food</li><li>(4) Lifestyle habits</li></ul>	(5) Improvement of lifestyle such as exercising and
Able to chew anything Skip breakfast at least 3 times a week	eating  Have no intention of improving
Have difficulty in chewing due to problematic teeth, gums, or bite  Have dinner within 2 hours of going to sleep, 3 times or more each week	Intend to improve (within 6 months)
Hardly able to chew Increase by ≥ 10 kg compared with the weight a age of 20	
(2) Comparing with others, the speed of eating is:  Do light exercise for ≥ 30 minutes per time for ≥ days a week for ≥ 1 year	month) and have gradually started
Do walking or equivalent physical activity for ≥ 1	months)  ☐ Have already worked on improvement (≥ 6
Faster   speed   Slower   hour a day in daily life	months)
3 meals of breakfast, lunch, and dinner same age	(6) Have you received specific health guidance before?
day Occasionally Hardly Have enough rest by sleeping	Yes No
5. Work history (Those who are currently "on a leave of absence" or "unemployed" do not have to answer to	,
(1) Past work history (2) Current work system (3) Average working hours pe month)	er day (last (4) Average number of working days per week (last month)
Handling of heavy materials Regular day shift < 6 hours	< 3 days
Handling of dust Regular night shift 6 to < 8 hours	3 to < 5 days
Severe vibration Shift work 8 to < 10 hours	5 days
Handling of hazardous	≥ 6 days
Handling of radiation	
6. Medications  Drug to lower blood pressure  Drug to lower cholesterol or neutral fat	Drug to lower blood glucose or insulin injection
7. Past/present medical history * Enter medical history in the table on the right.	,
< The following questions are for women who undergo breast cancer so	creening/Pap smear test. >
Subjective symptoms Lump in the breast Pain in the breast Lactation or oth	er secretion
Severe menstrual pain Discharge Abnormal vagin	•
Menstrual Regular Irregular Menorrhagia menstrual period	DD- MM DD Menopause Around years old
Pregnancy Number of history pregnancies time(s) Natural delivery time(s) Section	time(s)

**Medical history**Please place a checkmark in each right box below the name of a disease that you have had or for which you are undergoing treatment. In addition, please fill your age when you were affected by the disease.

If you have no medical history, please place a checkmark in the right blank box. No past history/present illness

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	Past Ur treat	nder Outpatient / itment No medicine	code		Past	Under treatment	Outpatient / No medicine	code		Past	Under treatment	Outpatient / No medicine	со
≪ Gastric/duodenal disease≫				≪Kidney/urinary tract disease≫					«Bone/muscle/peripheral nerve disease	se»			╁
Chronic gastritis			53	Nephritis				70	Fracture				7
Gastric ulcer			55	IgA nephropathy				238	Lumbago				6
Duodenal ulcer			56	Nephrosis				71	Disk herniation				6
Gastric polyps			54	Pyelonephritis				186	Spinal column stenosis				2
Gastric submucosal tumor			163	,				72	Gonarthrosis				2
Gastric diverticulum			151	Nephrolithiasis/urolithiasis				73	Coxarthrosis				2
Helicobacter pylori positive			164 6	Prostatitis				187 74	Shoulder periarthritis (frozen shoulder)				2
Other diseases			121	Prostatic hyperplasia Cystitis				128	Osteoporosis Neuralgia				1:
≪ Esophageal disease ≫			121	Renal cancer				188	Cervical spondylosis				2
Reflux esophagitis	T		178	Prostate cancer				189	Scoliosis				1
Esophageal hiatal hernia			147	Bladder cancer				190	Rheumatism				6
Esophageal varices			160	Other diseases				131	Other diseases				6
Esophageal carcinoma			162	≪Skin disease≫					≪Autoimmune disease≫				
Other diseases			120	Atopic dermatitis				100	Systemic lupus erythematosus				2
≪Colonic disease≫				Urticaria				191	Scleroderma				2
Colonic polyp			57	Chronic eczema				192	Dermatomyositis				2
Irritable bowel syndrome			155					193	Multiple sclerosis				2
Ulcerative colitis			117					80	Myasthenia gravis				2
Crohn's disease Colon diverticulum	+		153 152					194 195	Sjogren's syndrome Other diseases	1			2
Intestinal obstruction (ileus)	+ +		116					99		1			Ľ
Colon/rectal cancer	+ +		7	Cerebrovascular/cranial nerve diseas	e»			JJ	Mastitis				1
Other diseases			122					41	Mastopathy	1			Ť
Gallbladder/hepatic/pancreatic diseas	se»			Cerebral hemorrhage				40	Galactocele	1			1
Gall bladder polyp			58	Hydrocephalus				196	Fibroadenoma				1
Gallstone			59	Parkinson's disease				197	Benign mammary neoplasm				,
Cholecystitis			60	Epilepsy				24	Breast cancer (right)				1
Hepatitis			82	Facial palsy				198	Breast cancer (left)				1
Hepatitis B			3	Brain tumor				199	Other diseases				2
Hepatitis C			4	Meningitis				244	≪Uterine, ovarian and tubal diseases	≽			
Fatty liver			61	Other diseases				97	Uterine myoma				7
Liver cirrhosis			62	≪Blood disease≫	Г				Endometriosis				1
Pancreatitis			63	Anemia				14	Adenomyosis uteri				1
Bile duct cancer			179					233	Cervical duct polyp				1
Hepatic cancer Pancreatic carcinoma			138 180	Aplastic anemia Leukemia				200	Ovarian cystoma Ovarian cyst				1:
Other diseases			64	Multiple myeloma				223	Benign ovarian tumor				2
«Eye disease»			104	Other diseases				15	Menopausal symptom				7
Cataracta	T		27	≪Endocrine disease ≫	I				Uterine cervical cancer				1
Glaucoma			28	Hyperthyroidism				201	Uterine body cancer				1
Retinal detachment			181	Hypothyroidism				202	Ovarian cancer				1
Age-related macular degeneration			182	Goiter				203	Other diseases				1
Retinopathy			98	Thyroid cancer					≪Traumatic injury≫				
Allergic conjunctivitis			183					17	Cervical sprain				2
Other diseases			29	Gout/hyperuricemia				18	Meniscus injury				2
《Bronchial/pulmonary disease》			-	Dyslipidemia				19	Ligament injury				2
Bronchial asthma			46	Other diseases				20	Internal injury	1			2
Bronchiectasis	+		48	«Neuropsychiatric disease»				0.5	Spinal cord injury	1			2
Pneumonia	+ +		43	Autonomic nervous system disorder				25 21	Limb amputation Other traumatic injury disorders	+			2
Pleuritis Pneumothorax	+ +		49 109	Depression Neurosis				22	Other traumatic injury disorders     Others >	1			T
Pulmonary cystic disease	+ +		108					234	Other cancers				T.
Emphysema	+ +	+	47	Adjustment disorder				235	Malignant lymphoma	1			2
Interstitial pneumonia			145	-				236	Behcet's disease				1
Pulmonary tuberculosis			1	Other diseases				23	Progressive muscular dystrophy	1			2
Pneumoconiosis / Asbestosis			146		ise»				Post organ transplantation				2
Lung cancer			8	Otitis media				32	Anal prolapse	L			2
Sarcoidosis			221	Sudden hearing loss				33	Temporomandibular joint disease				2
Mediastinal tumor			166	<u> </u>				204	Hyperventilation syndrome				2
Other diseases			50	Meniere's disease				34	Other diseases				
《Cardiovascular disease》				Allergic rhinitis				112					_
Hypertension	+		36	Sinusitis				45					_
Angina pectoris	+		102	,, , ,				205					_
Myocardial infarction	+		103					206					_
Arrhythmia	+		38	, ,				207					_
Cardiac valvular disease	+		104					208					_
Cardiomyopathy	+		39	Other diseases				101					_
Congenital heart disease	+		105										_
Arteriosclerosis obliterans	+ +		184 237										-
Venous aneurysm Aortic aneurysm	+ +		185										-
	1 1	1	100										_
Kawasaki's disease			220					ļ					